

Mayo Clinic MEICS Psychiatry & Spiritual Support Team

1. Convene a meeting of the team within 1-2 hours of activation of MEICS protocol to perform a needs assessment.
2. Team leaders will develop a roster of previously identified mental health volunteers and contact the volunteers about future assignments.
3. The leaders of the three teams will communicate with the following groups:
 - a. Olmstead County and other disaster related groups
 - To begin planning for supportive services at family center/public health center, to assist in staffing crisis hotline.
 - Contact Red Cross
 - Contact local rescue groups (Police, Fire, EMTs)
 - b. Hospital administration
 - To provide supportive services to employees and employee families
 - Monitor for stress-related reactions
 - Support
 - c. Physician leadership
 - To provide supportive services and education on acute stress response and PTSD to physicians
 - Develop triage mechanisms for case finding.
4. Team leaders will provide educational information to Mayo communications and local media on acute stress/PTSD.
5. Meet within 24 hours after initiation of protocol to redistribute volunteers and personnel, review documentation, update team on findings, and convey the latest MEICS Committee information to our team.
6. Meet within 72 hours:
 - To review needs assessment and to begin more extensive community outreach-schools, churches, synagogues, mosques, and service organizations.
 - Provide common phone number for referral of patients with emergent symptoms
 - Develop intervention counseling program
 - Apply for service grants from FEMA/American Psychiatric Association to develop counseling programs.
 - Meet with Team for debriefing session to discuss emotional response to disaster and monitor for appropriate length of shifts and appropriate back-up for high stress volunteer positions.
 - Update Team on latest information from MEICS Committee.
7. Provide more intensive counseling and treatment to identified high-risk populations.
 - a. Bereaved
 - b. Emergency responders
 - c. Public officials
 - d. Media
 - e. Affected victims